Monday Tuesday Wednesday Thursday Friday

Choice of one entree
Waffles and Syrup
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Breakfast Pizza
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Bagel
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

9

16

23

30

No school today

Choice of one entree
French Toast & Syrup
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit-Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

6

13

20

27

Choice of one entree
Breakfast Bites
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Bagel
Cereal, 2 oz
Fruit-Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

7

14

21

28

Choice of one entree
Sausage & Egg on Bun
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

8

15

22

29

Choice of one entree Breakfast Pizza Pop tart, whole grain 2 pack Muffin, Asst. WG Muffin, WG Choc Chip, scratch Bagel Cereal, 2 oz Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim Choice of one entree
Cinnamon Roll & Cheesestick
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

10

17

24

31

Choice of one entree
Pancakes and sausage links
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Scrambled Egg/Sausage and Toas
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree Waffles and Syrup Pop tart, whole grain 2 pack Muffin, Asst. WG Muffin, WG Choc Chip, scratch Yogurt Parfait Cereal, 2 oz Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

Choice of one entree
Breakfast Pizza
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Bagel
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Long John WG
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Waffles and Syrup
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Breakfast Bites
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Bagel
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Sausage Biscuit
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Breakfast Pizza
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Bagel
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Donuts, Yeast, Glazed, Bulk
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Breakfast Bites Pop tart, whole grain 2 pack Muffin, Asst. WG Muffin, WG Choc Chip, scratch Bagel

Bagel Cereal, 2 oz Fruit- Canned or Fresh Juice Cup or Box Milk, chocolate skim Milk Skim

Choice of one entree

Choice of one entree
Biscuit and Gravy
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Waffles and Syrup
Pop tart, whole grain 2 pack
Mufflin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree

Choice of one entree
Breakfast Pizza
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Bagel
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim

Choice of one entree
Omelet, Sausage and Toast
Pop tart, whole grain 2 pack
Muffin, Asst. WG
Muffin, WG Choc Chip, scratch
Yogurt Parfait
Cereal, 2 oz
Fruit- Canned or Fresh
Juice Cup or Box
Milk, chocolate skim
Milk Skim